



**NORTH IDAHO  
EYE INSTITUTE**

**POSTOPERATIVE INSTRUCTIONS**

**FOR CATARACT SURGERY with TOPICAL Anesthesia**

WASH YOUR HANDS PRIOR TO USING ANY EYE DROPS

**EYE DROP INSTRUCTIONS for the operative eye:**

TODAY – start your eye drops (Ofloxacin and Prednisolone) when you get home at:

- LUNCH     DINNER     BEDTIME

TOMORROW – begin using your drops (Ofloxacin and Prednisolone) 4 times a day at:

- BREAKFAST     LUNCH     DINNER     BEDTIME

You may lift the shield to instill drops as needed, but otherwise the eye shield needs to remain in place until the next appointment.

Try not to lay on the operated side for the first night.

Be up and about at home. Avoid strenuous activities. Avoid bending, stooping or lifting until you see the doctor tomorrow.

Avoid swimming, hot tubs or getting your eye wet for 2 weeks. Keep your eye dry when you shower.

Take one or two Tylenol, Aspirin, or Ibuprofen every four hours as needed for pain.

Use caution as you may be at increased risk of fall or dizziness due to medications you may have been given.

Continue taking your regular medications.

Other instructions \_\_\_\_\_.

If you have significant pain, please call the Eye Institute day or night at: **667-2531**

Your appointment is tomorrow at \_\_\_\_\_.

Please check in upstairs at the North Idaho Eye Institute and bring your eye drops to your appointment tomorrow.

Date \_\_\_\_\_ Patient Signature \_\_\_\_\_