NORTH IDAHO CATARACT AND LASER CENTER

DR. TAD BUCKLAND, MD
DR. ALISON GRANIER, MD
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DR. SARA DUKE, MD
DR. WHITNEY SMITH, MD
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DR. DREW THOMAS, MD
DR. KATIE GLEASON, OD

POSTOPERATIVE INSTRUCTIONS FOR SURGERY with TOPICAL ANESTHESIA
Pterygium/Keratectomy

1. Begin using your eye drops in the operative eye: Three times a day (morning, mid-day, and night) for three weeks.
2. Use caution moving around today as you may be at increased risk of fall or dizziness due to medications you may have been given.
3. For post-operative eye drop use, lightly shake the bottle before use. After the drop is instilled, close the eye for 2 minutes. You may lift the shield to instill drops as instructed. Please replace shield after instilling eye drops and continue wearing until post-operative visit.
4. Try not to lie on the operated side for the first night.
5. Avoid strenuous activities for 72 hours. Do not touch or rub your eye for 2 weeks after surgery.
6. Avoid swimming and hot tubs for 2 weeks. Do not shower until after your first day follow up appointment. After that, you may shower with your eye closed.
7. You may take Tylenol, Aspirin, or Ibuprofen every four hours as needed for pain.
8. You may use artificial tears as needed.
9. Continue taking your regular medications, unless instructed otherwise.
10. If you have significant pain, please call North Idaho Eye Institute, day, or night, at ____
    208-667-2531, Option 1.
11. Other instructions: _____
12. You WILL NEED A DRIVER until after your follow up appointment. Your follow-up appointment is:
13. _____
    Coeur d'Alene Post Falls Hayden
14. Bring your eye drops to your appointment tomorrow.

Patient Signature: _____

Date: _____